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“Adults, Are you Ready to Dance?”

For those who have always loved, admired or wondered about trying ballet, Ballet On Wheels, School & Company is offering a new ballet class for *adults 18 and older who would like to begin or continue their study of dance*. This weekly one hour class will build knowledge of fundamental vocabulary and principals as well as tone and strengthen muscles. Continued registration is going on now through the end of January.

Ballet On Wheels, founded in 2002, is Memphis' only community based, non-profit, pre-professional, classical ballet school and dance company. The school and company is dedicated to preserving and celebrating dance while creating classes that fit all needs and interests.

(MORE)

The Adult Ballet Exercise class is a fun way to get fit and learn a new dance form.

Classes will take place Monday Evenings, 7:30 p.m. at the Evergreen Presbyterian Church Dance Studio located at 613 University St. For more information or to enroll, please call Chaunieece Conner @ 901-870-4348 or visit www.balletonwheels.org.

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